

SAULT COLLEGE OF APPLIED ARTS & TECHNOLOGY  
SAULT STE. MARIE, ONTARIO

COURSE OUTLINE

COURSE TITLE:           GROUP DYNAMICS I

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CODE:                    CCW 223-3

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PROGRAM:               CHILD & YOUTH WORKER

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SEMESTER:              THIRD

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DATE:                    SEPTEMBER 1988

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AUTHOR:                 MICHAEL MCFARLING

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NEW:                    \_\_\_\_\_

REVISION:                X  

APPROVED: \_\_\_\_\_

Chairperson

DATE: \_\_\_\_\_

June 29/88

Group Dynamics I (CCW 223-3)  
Michael McFarling  
Office #468

Time: Monday - 1:30 - 4:30 p.m.  
Phone: 759-6774 ext. 549

### NATURE OF COURSE

To explore the process which occurs when people form a group. The focus is on "group" structure and the dynamics of the group. The use of the group in the therapeutic process will be examined. Various group techniques and approaches with children, adolescents and adults will be studied. Much of the content will be experiential.

### GOALS AND OBJECTIVES

- a) To increase self-awareness within the group context.
- b) To become aware of effective use of feedback in the group.
- c) To demonstrate in verbal, written and behavioural terms, an understanding of group dynamics.
- d) To develop observational and analytical skills in assessing group functioning.
- e) To explore and understand the causes for and changes in individual behaviour in groups.
- f) To recognize the needs of the individual and the group.
- g) To develop a theoretical base for understanding group dynamics.
- h) To develop strategy to meet identified group goals.
- i) To further develop beginning child care group skills and techniques for working with various age ranges and emotional disturbances in group context.
- j) To study group formation, composition and motivation, relative to specific tasks-maintenance functions.

TEXTS: Johnson, D.W. & Johnson, F.P. Joining Together, Group Theory and Group Skills, New Jersey: Prentice Hall, Inc., 1975, 2nd Ed.

Remocker, J., Storch, E., Action Speaks Louder, New York: Churchill Livingstone, 1982, 3rd Ed.

### METHODOLOGY

The class will be taught through a combination of lecture, group discussions and group participation. Format will vary according to material presented. Much of the learning will be experiential.

### COURSE REQUIREMENTS

- a) To maintain regular attendance - 80% is compulsory.
- b) To participate actively and fully in class and group discussion and exercises.
- c) To complete assigned reading and research and be prepared to discuss same.
- d) To adhere to the concept of confidentiality.
- e) To complete two (2) in class tests on material presented, readings, etc.
- f) To prepare and submit a paper with the following format:
  - typewritten
  - paper submitted must include first and last sociogram, with the individual's position clearly indicated
  - preparation of the paper will require on-going analysis of individual functioning within the group, as well as that of the group as a whole; this analysis must be in written form, weekly, and be maintained up to date; periodically these will be submitted to the instructor for review
  - the final paper will be based on this analysis and identify significant development blocks, etc. citing examples when appropriate, future objectives are to be stated with tentative methodology to be employed

### GRADING

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|---|-----|
| a) Attendance and Participation   | 30% |
| b) Tests  | 30% |
|   | 30% |
| c) Term Paper   | 10% |
| d) Time will be allotted (scheduled) for an open forum on issues related to C.Y.W.'s and upcoming Residential Placement. Group will be assessed on effective use of this time. This is included in a) above |     |